Obesity Medicine for the Registered Dietitian

MGH Weight Center
Massachusetts General Hospital
Simches Research Center,
185 Cambridge Street, 3110
June 2, 2007

(approved for 5 ADA CEUs)

7:30 Registration and Breakfast
8:00 Welcome and Introduction
8:10 Obesity Medicine: Bringing the Science to the Patient
8:30 Medical Evaluation of the Adult with Obesity
8:50 Medical Evaluation in Pediatric Obesity
9:10 Panel Discussion, Lee Kaplan, MD, PhD and Alison Hoppin, MD

9:30 Nutritional Evaluation of the Pediatric and Adult Patient with Obesity
9:50 Psychological Evaluation of the Pediatric and Adult Patient with Obesity

10:10 Break
10:40 Behavioral Therapies for Obesity (MNT)
11:00 Psychological Treatment of the Patient with Obesity – focus on complications
11:20 Panel Discussion

11:50 Lunch (on your own)

12:50 Medical Treatment of the Patient with Obesity – treatment of medical complications
1:10 Pharmacological Therapies for Obesity
1:30 Panel discussion

1:50 Surgical Therapies for Obesity
2:10 Perioperative Management of the Surgical Patient
2:30 Panel Discussion: Janey Pratt, MD and Sue Cummings, MS, RD (20 minutes)

2:50 Break (30 minutes)

3:20 An Integrated Approach to Obesity Management (incl. Obesity Medicine, integration with the rest of the patient’s healthcare, and the MGH Weight Center)
3:40 Weight Center RD Network (incl. referrals, communication) and Case Study (30)

4:30 Adjournment